

Devorah Heitner, PhD

Founder of Raising Digital Natives

SCREENWISE

Helping Kids Thrive
(and Survive)
in Their Digital World



"A comprehensive exploration . . . studded with practical tips for parents."
—Wendy Mogel, PhD, NY Times best-selling author of *The Blessing of a Skinned Knee*

Social Emotional Milestones in the Digital Age

First email account. First gaming avatar. First social media account. First smartphone. There are many milestones involved in growing up in the digital age. This Zoom talk is about the latest research on digital natives and helps parents and educators appropriately support young people as they encounter and master these digital skills. Audiences leave with a powerful message: Limiting or monitoring technology is no substitute for mentoring and engagement.

Join us to learn...

- How parents can support their children's uses of technology to connect, create, and learn
- A framework for deciding what digital platforms and apps are appropriate (or not) for elementary aged kids, tweens, and teens
- Tips for teaching kids how to self-regulate their screentime
- How to empower kids to use technology and digital media for social good
- What to do when things go wrong with tech

Tuesday, September 14th
6:30 - 7:30 pm

ZOOM link:
Coming soon in your email

<https://youtu.be/eRQdA>

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Dr. Devorah Heitner is an expert on young people's relationship with digital media and technology. She is the author of *Screenwise: Helping Kids Thrive (and Survive) in Their Digital World* and the *Connecting Wisely Curriculum* for grade 4-8 and founder of Raising Digital Natives. Her mission is to cultivate a culture of empathy and social/emotional literacy. Dr. Heitner's work has appeared in the New York Times, the Washington Post, Fast Company, The Wall Street Journal, TIME magazine and Education Week. She has a Ph.D. in Media/Technology & Society from Northwestern University and has taught at DePaul and Northwestern. She is delighted to be raising her own digital native.